

Remote ergonomics solutions for computer users

The cost-effective way for employees to access ergonomics expertise anywhere

Office or home-based ergonomics solutions

 Is your company challenged with providing sound computer-based ergonomics advice to employees based in offices and at home anywhere in the world? Do you wish your employees had a web-based tool to present their concerns or issues followed by solutions? Could your ergonomics and wellness processes be enhanced by providing employees the ability to speak with ergonomics experts who will coach them on adjusting their current equipment and recommend additional items if necessary?

 If you answered yes to any of these questions, the following remote solutions from Willis Towers Watson's Workforce Vitality Practice are for you. These solutions strategically address the full spectrum of employee needs with web-based Video Coaching, web-based Self-Help and when necessary: Advanced Remote Ergonomics Assessments.



Office Ergonomics Video Coaching:

From onboarding employees, to routine best practices reminders, to assisting those returning to work, over 80 web-based office ergonomics coaching videos are available to provide short, impactful and professional training designed to motivate performance and increase desired behaviors on and off work.





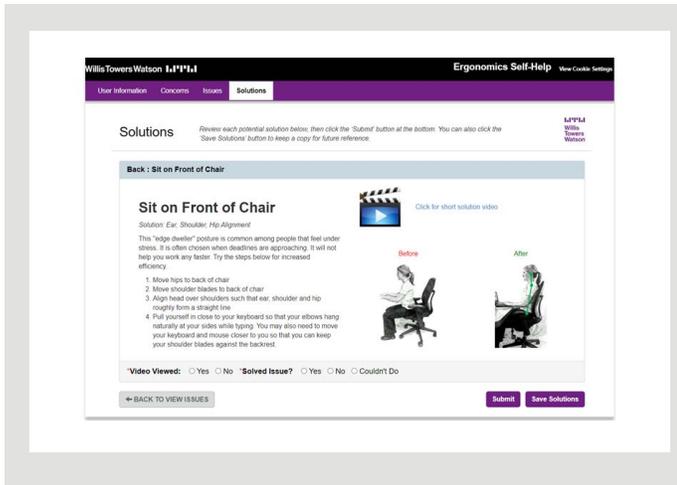
Office Ergonomics Self-Help:

Our web-based proprietary self-help tool is designed to provide fast, professional ergonomics assistance in postural improvements and positioning of employees' current equipment. In under 10 minutes, users are provided custom solutions based on their specific concerns and issues. The solutions are presented as text, before/after images, and short video clips.



Advanced Remote Ergonomics Assistance:

With a primary focus on adjusting current items and secondarily on recommending equipment, our ergonomics experts can rapidly assist employees both proactively and reactively to maximize their comfort and productivity. Additionally, our therapists can perform remote ergonomics evaluations in ADA and post-injury cases. All evaluations produce a concise and easy-to-follow report.



Industrial employees too! Be sure to check out our Remote ergonomics solutions for industrial employees




Remote ergonomics solutions for industrial employees
The cost-effective way for companies to access ergonomics expertise anywhere.

Industrial ergonomics solutions

Do you have side or back pain where musculoskeletal injuries have occurred? Are there work areas where you see employees being assessed for risk factors like awkward posture, force and repetition? Do you look at your skilled workforce and have concerns for their health?

If you've answered yes to any of these questions, visit your company, have limited resources or simply need expert advice, the following remotely delivered solutions are for you. These remote options can empower your company to address high risk tasks, ensure ergonomic readiness events through proper warm-up and stretching, and expand employee baseline knowledge of risk factors and how to apply tools to make work environments safer and more productive today than they were yesterday.

Remote ergonomics task analysis

Our recently delivered task analysis process presents easy steps for you to capture video clips of job tasks and upload them to a secure portal. Our Certified Professional Ergonomists will analyze the video clips along with conducting a few short questionnaires and meetings.

Lastly, a report will be built in PowerPoint format showing representative task images along with findings and recommendations. Having information in such format allows a company representative to experience concise insights with understandable, actionable corresponding images. This format also creates easy distribution to various work sites and area leaders. Depending upon your preference, our analysts can leverage our easy to use ErgoDOC risk quantification tool or rely simply on our risk quantifying expertise. Both options will lead to options for improvement.



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Contacts

For more information and to see what the Workforce Vitality Practice can do for you, contact your client relationship manager or:

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About Willis Towers Watson

Willis Towers Watson (NASDAQ: WLTW) is a leading global advisory, broking and solutions company that helps clients around the world turn risk into a path for growth. With roots dating to 1828, Willis Towers Watson has 45,000 employees serving more than 140 countries and markets. We design and deliver solutions that manage risk, optimize benefits, cultivate talent, and expand the power of capital to protect and strengthen institutions and individuals. Our unique perspective allows us to see the critical intersections between talent, assets and ideas – the dynamic formula that drives business performance. Together, we unlock potential. Learn more at willistowerswatson.com.



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