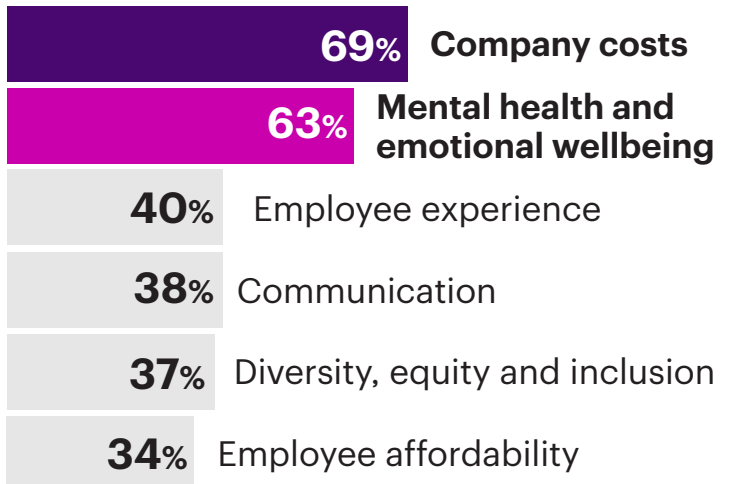




Controlling healthcare costs and boosting mental health outrank other priorities



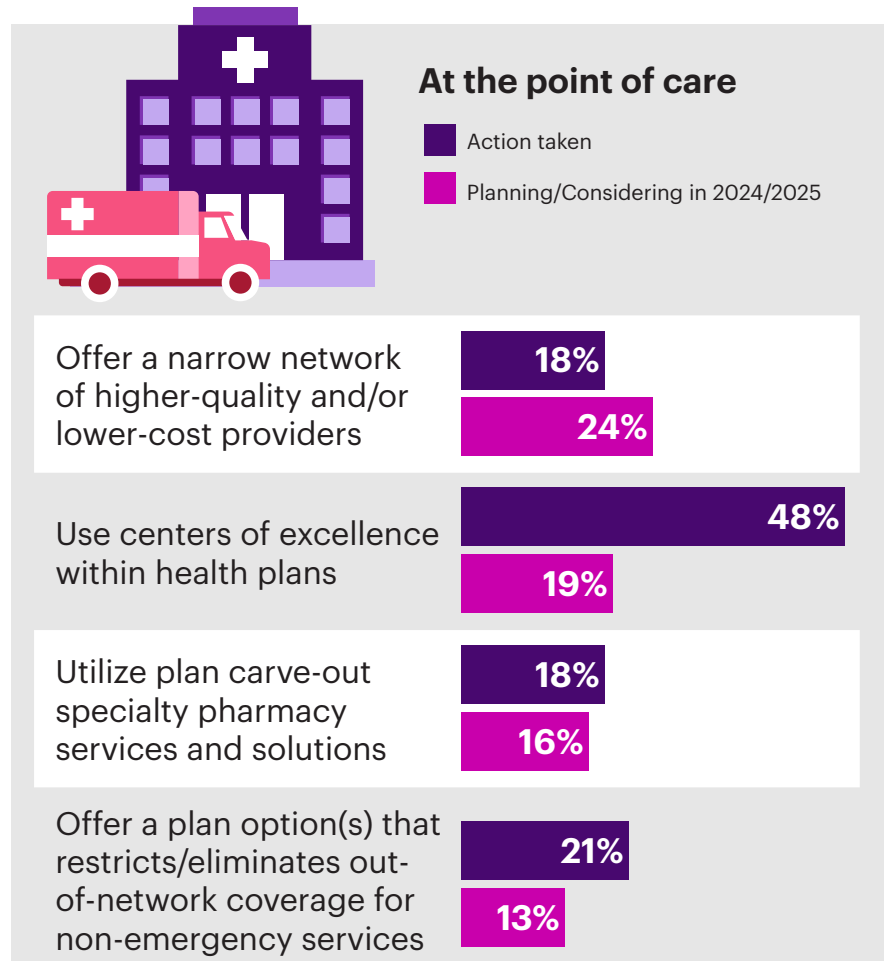
Top health and wellbeing priorities over next three years*



*Respondents selected top five health and wellbeing priorities over next 3 years

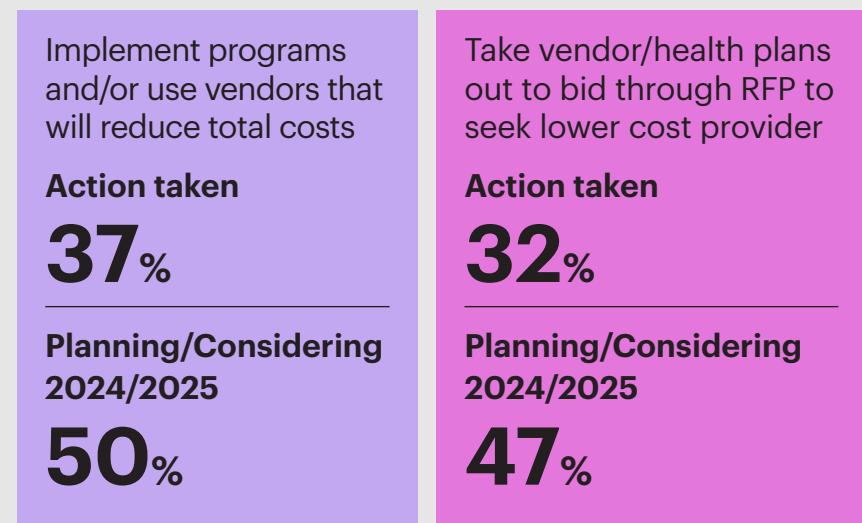


How employers are moving the needle on costs

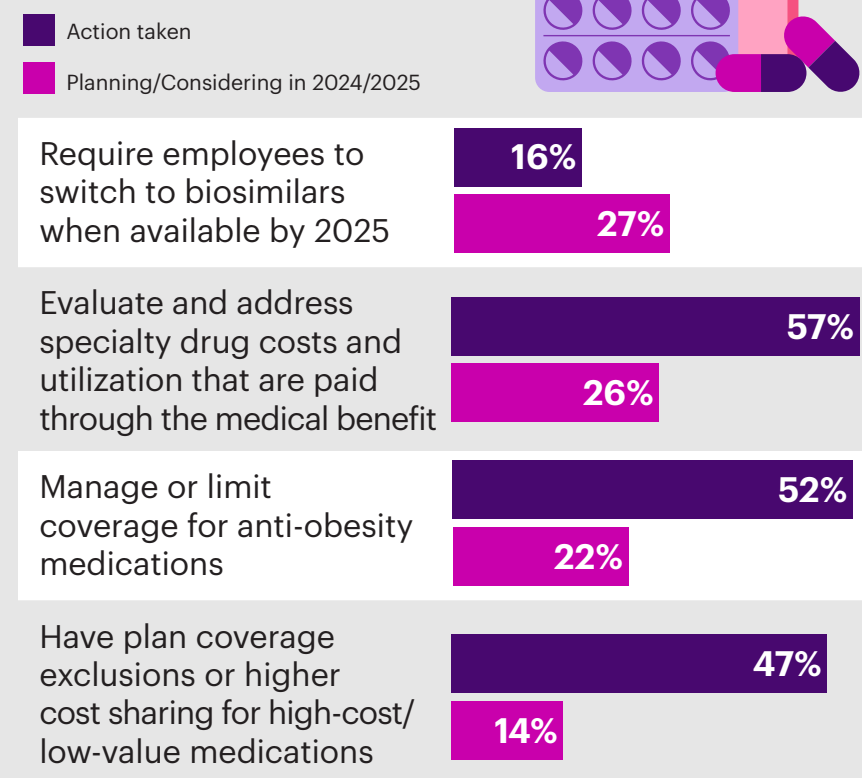
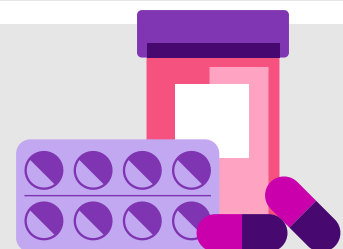


Self-insuring against large claims 38% use a captive to manage company risks; 12% planning for 2024/2025

Through health plan and vendor efficiencies



By actively managing pharmacy costs



Actions to take now!

1. Boost efforts to better manage costs at the point of care
2. Conduct analysis of your organization's retained healthcare risk and opportunities to transfer that through changes to stop loss or use of captives
3. Develop vendor strategies to reduce costs and improve member health
4. Identify ways to reduce costs of prescription drugs for diabetes and weight loss and switch to biosimilars
5. Eliminate cost sharing for virtual care visits for mental health services

About the survey: A total of 457 employers participated in the survey, which was conducted in June and July 2023. Respondents employ 7.3 million employees.

Source: 2023 Best Practices in Healthcare Survey
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