

Physical Wellbeing

Identify and effectively manage population health risks and chronic conditions across the workforce



What do Malaysian employers think?

Employees' physical and emotional wellbeing are the top priorities for employers over the next three years



Physical wellbeing

97%



Emotional wellbeing

95%



Social wellbeing

70%



Financial wellbeing

59%

Top two physical wellbeing actions that employers are planning or considering in the next two years

51%

Sponsor physical wellbeing employee networks through social media

51%

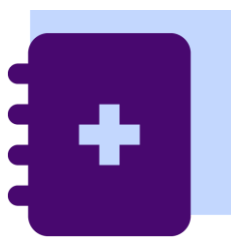
To promote physical wellbeing apps for employees

Specific actions already taken to improve employee physical wellbeing (top 3)



57%

Offer health risk screenings or health risk assessments for all employees



49%

Offer lifestyle risk management programmes



43%

Promote the use of virtual care

How many employers think their efforts in physical wellbeing have been effective?



41%

Encouraging employees to participate in healthy lifestyle activities



22%

Reducing the impact of chronic disease in employees and dependents and supporting during critical illness