

Holiday Travel Tips and COVID-19 Transmission

Holiday travel and community visitation tips for COVID-19 mitigation



Holiday travel

- Carefully consider whether the goals of the in-person visit/meeting could be accomplished without travel
- Request visitor testing prior to visitation and 3-5 days after travel
- Ongoing Associate testing as per state guidance and post travel 3-5 days after travel
- Encourage associates that plan to travel to get vaccinated prior to travel
- Strongly urge vaccinated associates who travel to get a booster shot if eligible
- Remind associates to turn on “exposure notification” on their iPhone or Android
- Remind associates to mask while in transit and indoor areas of public transportation
- Require associates to mask when attending business meetings
- Encourage associates and residents to delay travel until they are fully vaccinated
- Do not travel if you have been exposed to COVID-19, you are sick, or test positive for COVID-19
- Before you travel access the state or [territorial](#) and local health department’s website where you are, along your route, and where you are going.
- If you are not fully vaccinated get tested with a [viral](#) test 1-3 days before your trip



Communication

- Communicate with residents, families and associates in their primary language and respect cultural traits.
- Have interpreter’s available if necessary
- Hold resident and family council meetings on a regular basis and ongoing discussions on infection control practices
- Disclose community infection control outbreak information when necessary
- Stagger associate break times and continue to encourage social distancing
- Residents and associates should continue to mask when attending group activities
- Residents and associates must adhere to strict handwashing practices
- Ongoing testing of associates and residents according to state and local guidance
- Encourage vaccines for resident, families, and associates. Provide frequent updates on vaccine efficacy
- Keep in mind that, vaccines do not replace the need for other precautions such as hand hygiene, masking, and staying home when you are not well.

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